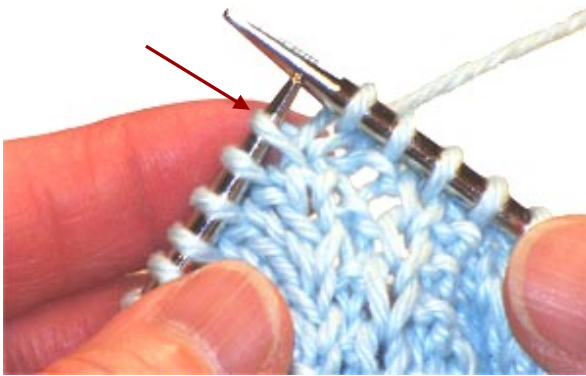


Left & Right Lifted Increases

The lifted increase can be used when you want to 'mirror' increases. The newly created stitch is generally fairly invisible, yet when used every other row creates a 'fully fashioned' outline of the increases. When used every other row, be sure to work a bit more loosely than normal so the increase line does not pull. Lifted increases are easy to learn & work, and are an excellent 'tool' for every knitter.

Left Lifted Increase:

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Lift stitch immediately below st just knit & place it on the left needle.

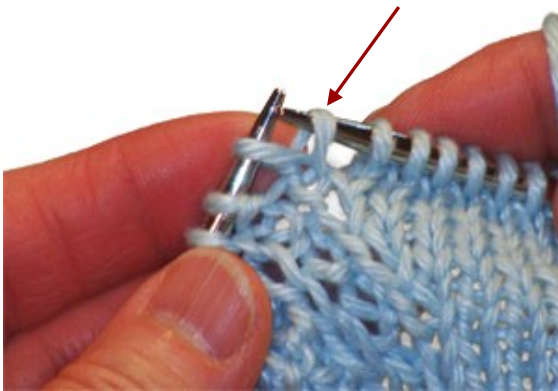


Knit the lifted stitch through the back leg.



Completed Left Lifted Increase.

Right Lifted Increase:



Lift st below the first st on the left needle and place it on the left needle.



Knit lifted stitch through the front leg.



Completing Right Lifted Increase.